

Anchor Heating & Air's

HOMEsense

Smart & simple ways to enrich your home living



☎ 770-691-0259

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The Unseen Danger Hidden in Your Indoor Air

You can't see it, taste it or smell it – but carbon monoxide (CO) can cause a deadly illness if it leaks into your home through faulty heating equipment.

CO is an odorless, colorless gas that is produced any time a fuel such as gas, oil, kerosene, wood or charcoal is burned. The poisonous gas can build up indoors, creating serious risks for people and pets who breathe it, and as the temperatures drop, a poorly maintained furnace could become a silent killer.

CO poisoning claims hundreds of lives every year and makes thousands more sick. The most common symptoms of CO poisoning are “flu-like” and include headache, dizziness, weakness, upset stomach, vomiting, chest pain and confusion.

To keep your family safe, be sure to have your furnace inspected every year. Also,

install battery-operated or battery back-up CO detectors near every sleeping area in your home, and check them regularly to be sure they are functioning properly.

In addition to furnaces, CO can also be produced by burning fuel in cars or trucks, small engines, stoves, lanterns, grills, fireplaces and gas ranges. Gas ranges or ovens should never be used for heating. And be very careful with the use of generators. Never operate a generator inside a home, basement or garage, or less than 20 feet from any window, door or vent.

Please call us to give your furnace a safety check before the heating season begins. This check is an important part of your annual tune-up that keeps your heating system operating safely, reliably and energy efficiently.

MY WORD

By Barry W. Tysor



Hello Friends,

There's so much to enjoy about fall. The weather is usually pretty nice, and it's a great time to cheer on your favorite team, chomp down on favorite foods and spend time with family having fun outdoors.

Our favorite part of the season, however, is being able to visit customers in their homes. We're here to make sure you're comfortable, so let us know how we can help.

Have you scheduled your annual service on your heating system? We'd be happy to take care of that for you. Just give us a call.

Regular maintenance has many advantages, and a tune-up is the best step you can take to help prevent untimely breakdowns, improve energy efficiency, protect from dangers such as carbon monoxide leaks and lengthen your equipment life. Don't miss this chance to take care of the system that keeps your family cozy and comfortable.

Sincerely,

Barry W. Tysor

P.S. Hope you enjoy the helpful tips and ideas in this newsletter. And don't forget to check out the discounts – or pass them on to a friend!



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What Does it Mean to be Energy Efficient?

Generating electricity accounts for about 40% of U.S. energy use, according to the EPA. Therefore, to use electricity more efficiently means that we reduce the amount of fuel needed to generate the electricity as well as the amount of greenhouse gases and other air pollution that are produced as a result.

Energy efficiency, however, is also about saving money right at home. And for homeowners, that means:

- Seal air leaks. In winter, keep your warm air inside instead of letting it escape through cracks in windows, walls or ducts. Steps include adding insulation to ceilings, the attic and walls, as well as using caulking or weather stripping on doors and windows. Sealing air ducts is another good step to take. Improvements that stop cold drafts and air leaks during the cold months also keep in the cool air inside during the hot months.
- Change your air filter regularly. Dirty air filters block air flow and cause systems to have to work harder, which uses more energy.
- Install a programmable thermostat or smart thermostat that enables you to adjust settings based on actual activity at your home.
- Practice good habits. If you leave a room, turn off the light.
- Get your system tuned-up annually. Or if your system is aging, it may be time to consider a newer, more energy efficient model. We'll be happy to give you our best recommendation. Just call.



Home Offices that Go Anywhere

The new trend for home offices is that it's less of a designated space, and more of "anywhere you're comfortable." This shift is a natural now that use of computer towers has waned, Wi-Fi follows you to the sofa and your phone goes wherever you go. As homeowners rethink their work spaces, even those telecommuting or running home businesses are taking a "less is more" approach.

For example, paperless projects mean there's less need for filing cabinets. Those bookcases – once vital for hardbound resources such as dictionaries, telephone books and four-inch thick software manuals – are now

more likely to hold decorative pieces. Framed family pictures that were once perfectly placed on the desk are now your Facebook cover photo.

Instead of a desk with a large work area, you may prefer to slide up to a built-in kitchen nook or plop into a comfy chair and pull up a small table. At the end of the day, the mess and clutter can be placed in a cabinet – and the multi-purpose room returned to family activity. Regardless of the room you choose, the main things you need are a place to get focused, a way to stay organized and a spot to put away work-in-progress when you shut down for the day.



GET YOUR FURNACE CHECKED

Call for a preseason tune-up, and get your furnace ready for an active winter. Annual maintenance lengthens equipment life, improves energy efficiency and helps prevent dangerous risks such as carbon monoxide leaks.

Plus, you can join our Comfort Club to save on this tune-up and future ones, too. Call **Anchor Heating & Air** today at **770-691-0259**.



Get **\$25 OFF** the Best Service We Can Offer

For your next heating and cooling system repair, we'd like to make things easier on your wallet. So just clip this coupon for a **\$25 savings** on your repair bill. Then call us, and we'll give you our best service. Call **Anchor Heating & Air** at **770-691-0259**.



Expert Mashed Potatoes

Ree Drummond, AKA The Pioneer Woman, has created a "creamy mashed potatoes" recipe among many delicious detours through the culinary landscape.

1. To whip up this cozy comfort, start by peeling 5 pounds of russet potatoes. Rinse in cold water, then chop in quarters.
2. In a large pot, boil potatoes until tender to the fork, about 20 or 25 minutes.
3. Drain, return to pan and stovetop (on low heat), mash for five minutes, then turn off burner.
4. Add 1 ½ sticks softened butter, 1 ½ 8-ounce packages of softened cream cheese, ½ cup of half and half, and ½ cup of cream. Stir, thinning with milk if needed. Add salt and pepper to taste.
5. Pour mixture into large casserole pan, dot with butter on top.
6. Cover with foil and bake at 350° for 15 minutes, then remove foil and bake for 10 more minutes.



Fall Family Fun

Colorful scenery and pleasing temperatures add a nice touch to outdoor fun in the fall. Enjoy the season with easy-to-plan family activities, including:

- **Head out for a nature hike.** Visit wooded areas and study the changes in the season. Ask the kids to tell you what they see that is different between summer and fall.
- **Find your way to a farm.** Some farms turn corn fields into a maze, where you can have fun and test your sense of direction. Or drop in on a pumpkin patch to pick your seasonal gourd.
- **Pile in for a scenic drive.** Drive through wooded areas or along mountain roads to take in the sights and the beautiful display of multi-colored leaves. Stop for a picnic or picture-taking.
- **Go old school and play a classic game.** Enjoy a round of Red Rover, Hide & Seek or Tag.

Hurry: Offer ends November 30, 2022

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Visit www.anchorac.com for more great ideas to keep your home running smoothly.

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Adding Space in the Fridge

If your refrigerator is feeling the squeeze from extra dishes needed to feed visiting family and guests this fall, why not try some simple tricks to add space for your many cooled contents? Start by discarding weeks-old leftovers and other out-of-date items, then get creative. For example:

- Repurpose six-pack containers to hold similarly sized items – such as mayonnaise, mustard and salsa. You could also use an empty egg carton to stack sauces (top down).
- At the office supply store, pick up some plastic paper organizers and lay them on their sides to stack stored food.
- Use small bins or open boxes to see and retrieve items quickly.
- Install a Lazy Susan to bring those hidden ingredients to the front. (This also saves money by helping you avoid buying more of what you already have.)
- Glue strong magnets to the inside top of the fridge and hang drinks with metal caps or in metal containers, freeing up space under the drinks for other items.
- If you have a wire shelf, you can stack bottles on their sides and place a binder clip on the shelf to keep them from rolling around.
- As another option for “side storage,” place tall items such as juice containers on their side, and add a bonus shelf.

